



## Welcome

Welcome to Lifeclinic.com, an in-depth resource for information about prevalent health conditions and an on-line service to track your health over time. Tracking your vital signs on-line can provide a simple and convenient way to help you and your physician better manage your health condition. And the information, resources and tools provided within Lifeclinic.com will allow you to take a more active role in managing your medical conditions and healthcare.

### Watch Us Grow

Watch us grow. Beginning with high blood pressure, Lifeclinic.com will provide comprehensive information to help you manage your health condition. Stay tuned for additional topics of interest.

All use of the Lifeclinic.com site is subject to the terms of the Lifeclinic.com End User Agreement. Your use of the Lifeclinic.com site signifies your agreement to these terms and conditions, including any changes that Lifeclinic.com may post from time to time at its discretion.

Fig. 1

### Free Membership!

Free membership—it's quick and easy to register and become a Lifeclinic.com member today. Please register to Track Your Health with My Health Chart, your own personal, secure, on-line health record. Begin now working with your doctor to actively manage and control your high blood pressure.

#### Special Focus:

High Blood Pressure

Hypertension & Pregnancy

My Health Record

Resource Center

Take Your Blood Pressure Now!

About Us

Clinic Advisory Board

**lifeclinic.com**  
from Spacelabs Medical



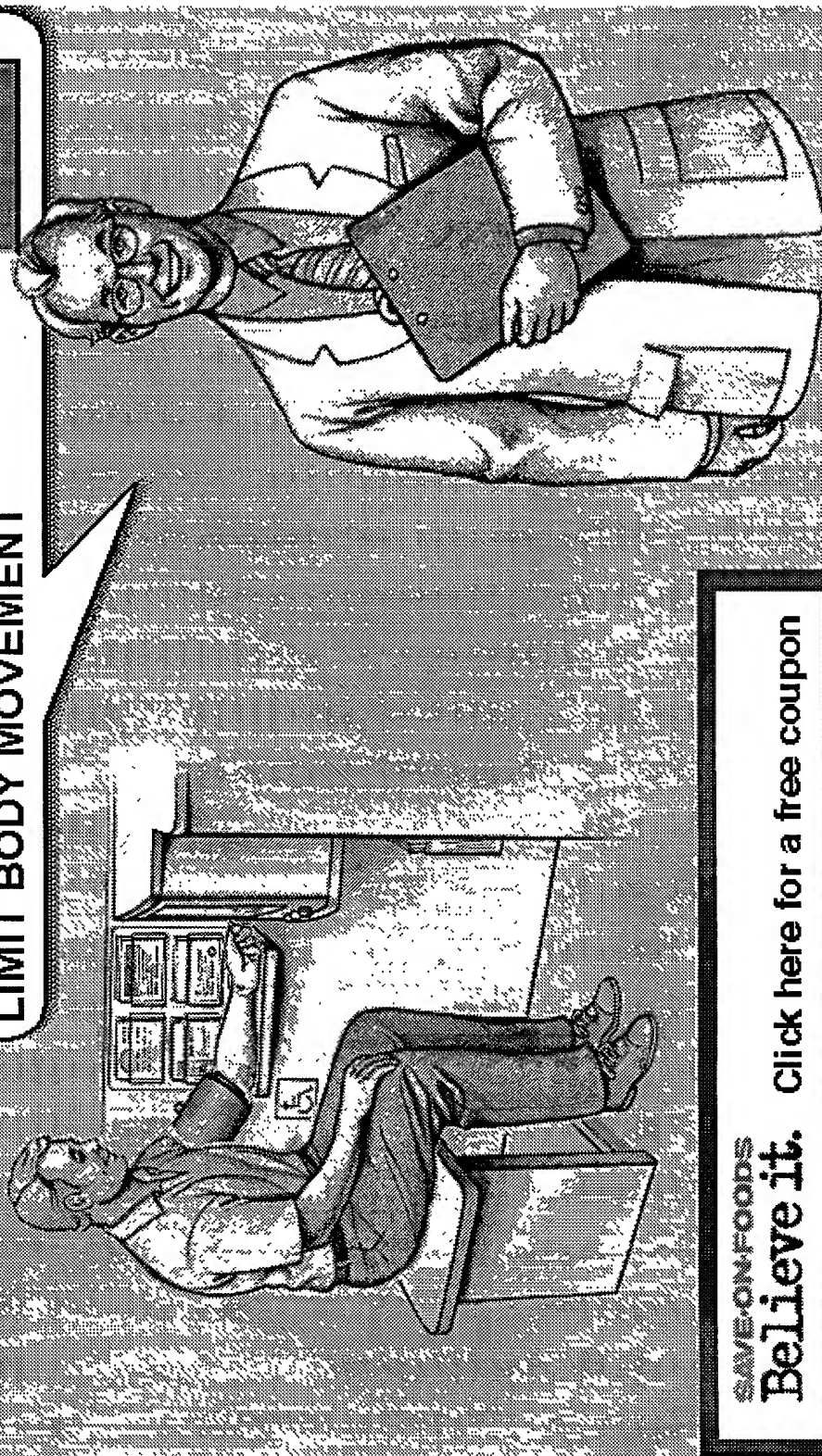
*Fig. 2*

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Put your upper arm in the cuff. Place your forearm on the armrest. To measure your blood pressure press **START**.

**START**

**LIMIT BODY MOVEMENT**



**SAVE-ON-FOODS**  
**Believe it.** Click here for a free coupon

*Fig. 3*



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## Your Blood Pressure

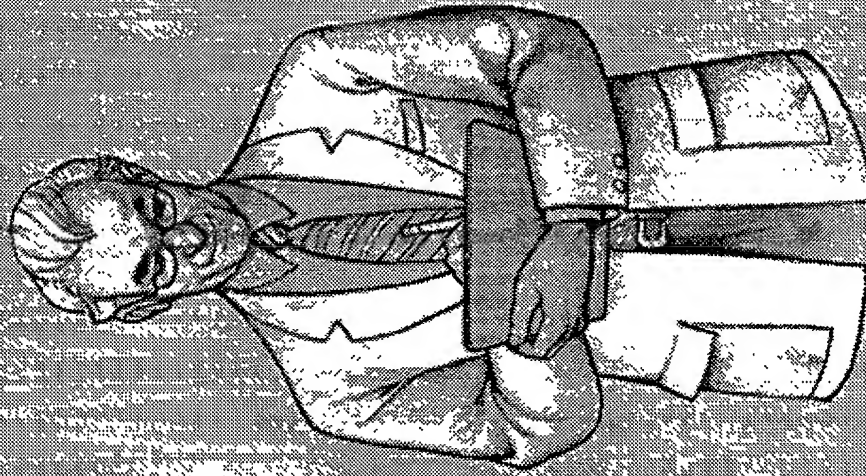
### TEST IN PROGRESS

The cuff is now being inflated. Be still and quiet during the test. Your results will appear when the test is complete.

**Systolic:** is the pressure during your heartbeat.

**Diastolic:** is the pressure between your heart beats.

Use of the Lifeclinic Kiosk is not a substitute for a physician. Only a physician is qualified to interpret the significance of blood pressure measurements. Self diagnosis or self adjustment of medication is dangerous.



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**Fig. 4**

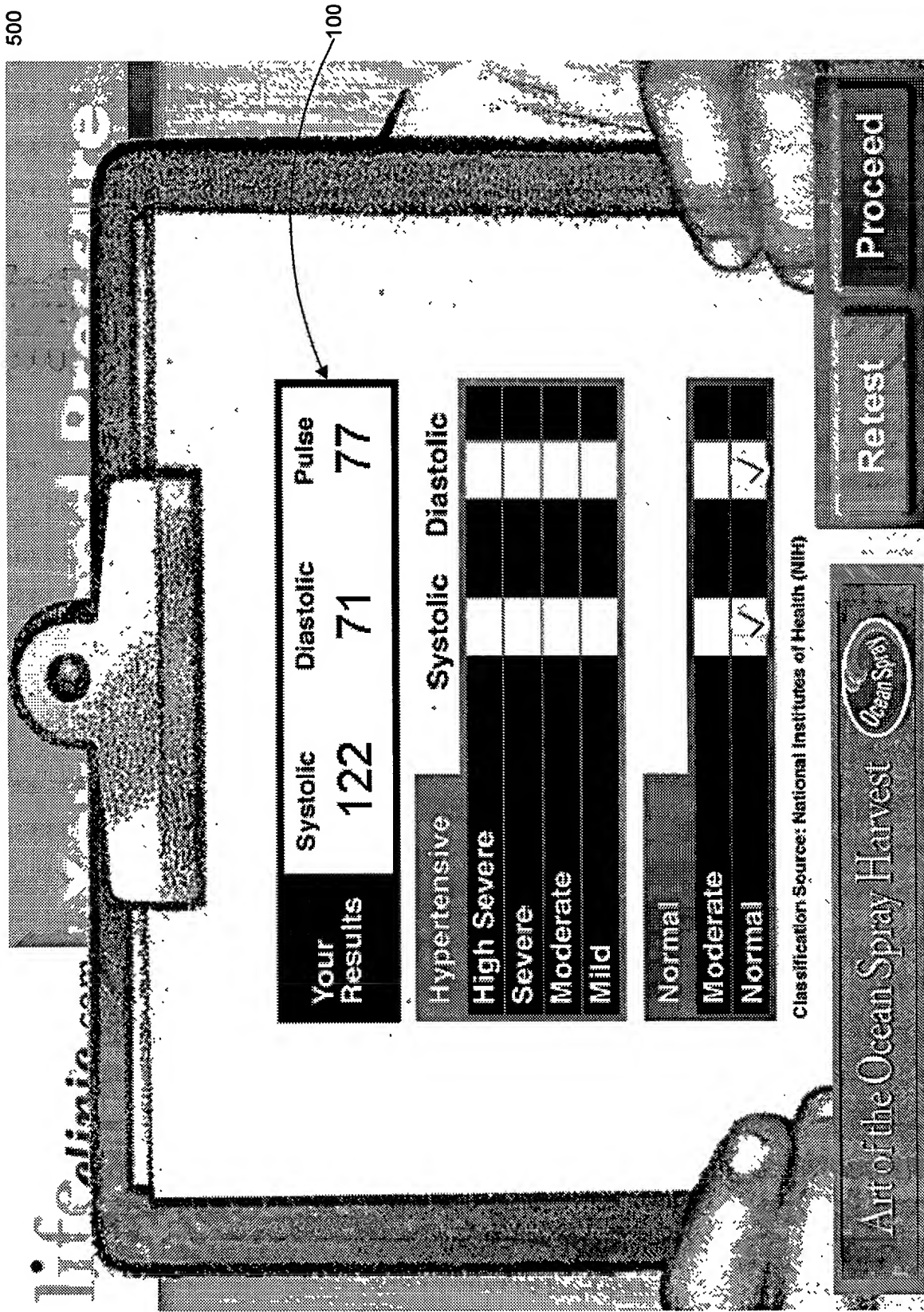


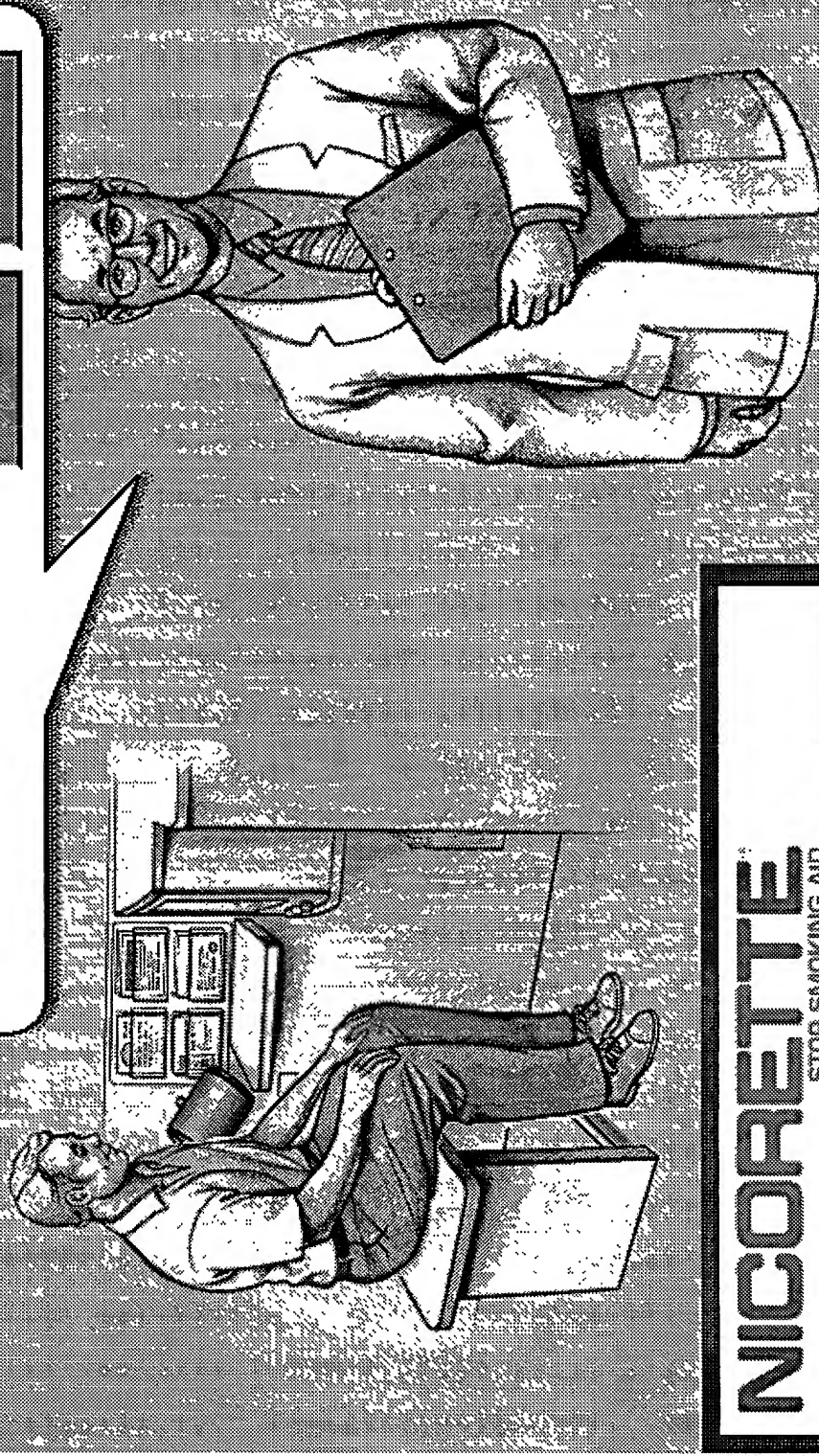
Fig. 5

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Being a Lifeclinic member is a **FREE** health tracking service. Are you currently a registered Lifeclinic member at [www.lifeclinic.com](http://www.lifeclinic.com)?

NO

YES



*Fig. 6*



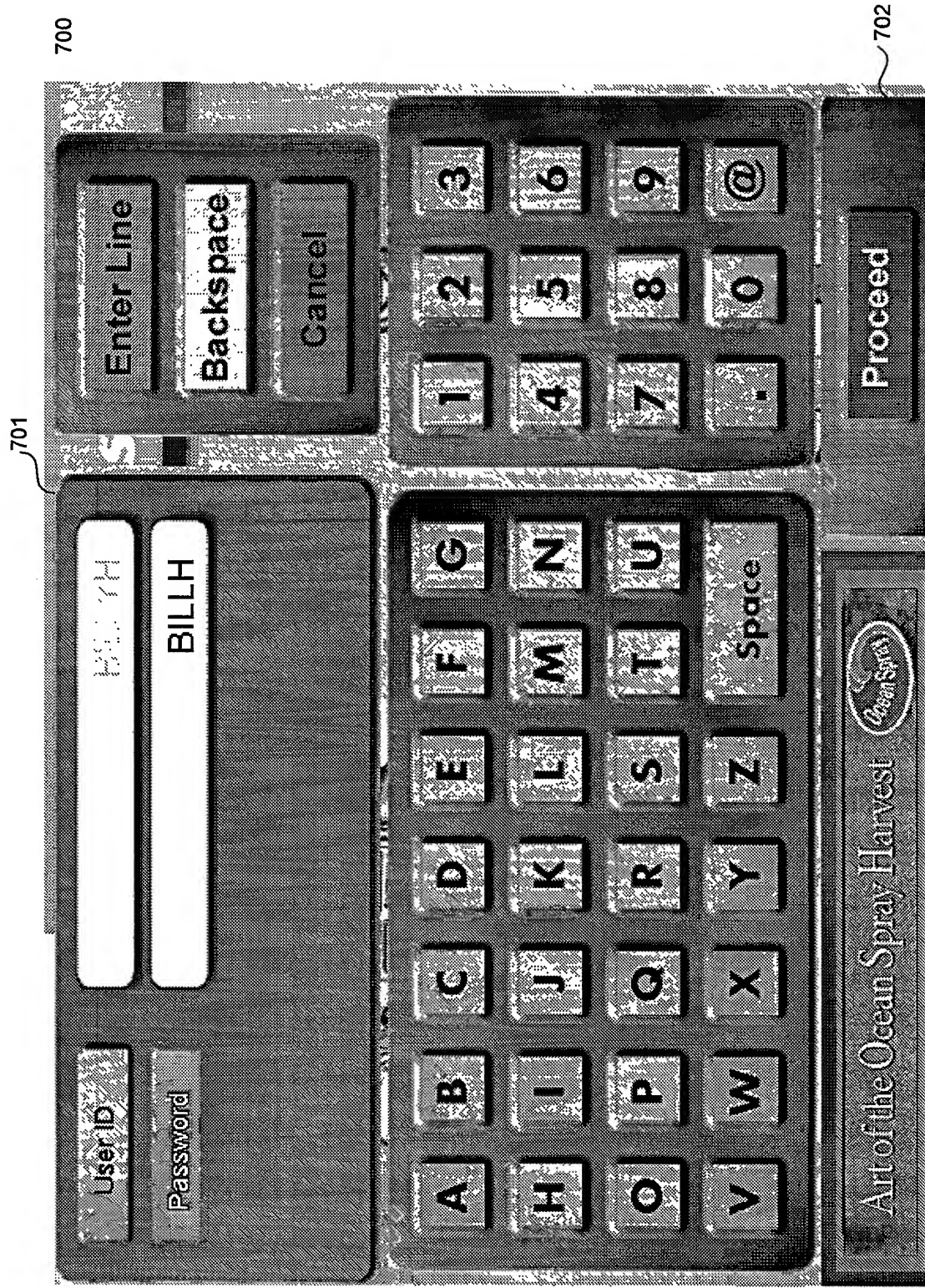
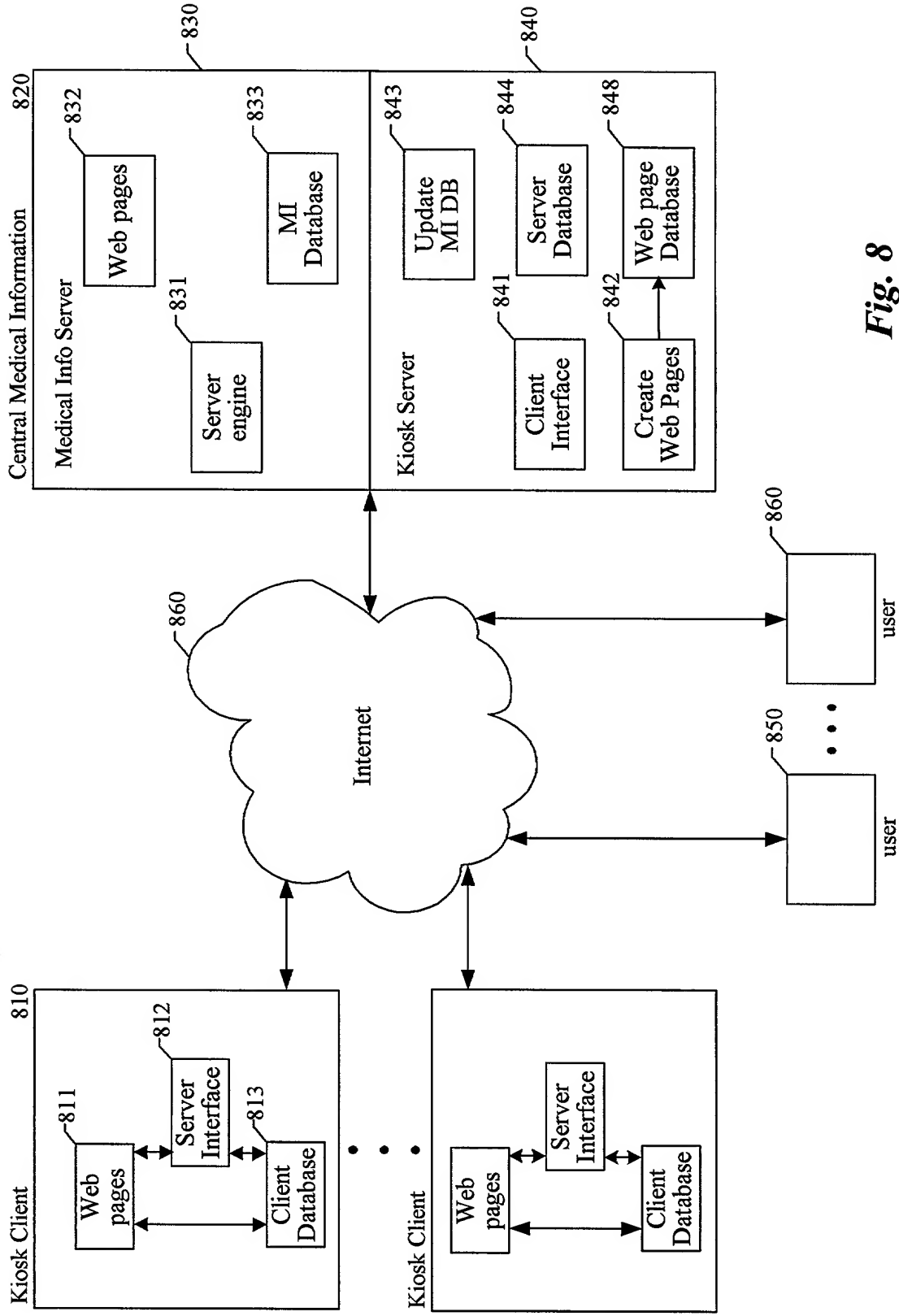


Fig. 7

# Medical Information Collection System



**Fig. 8**



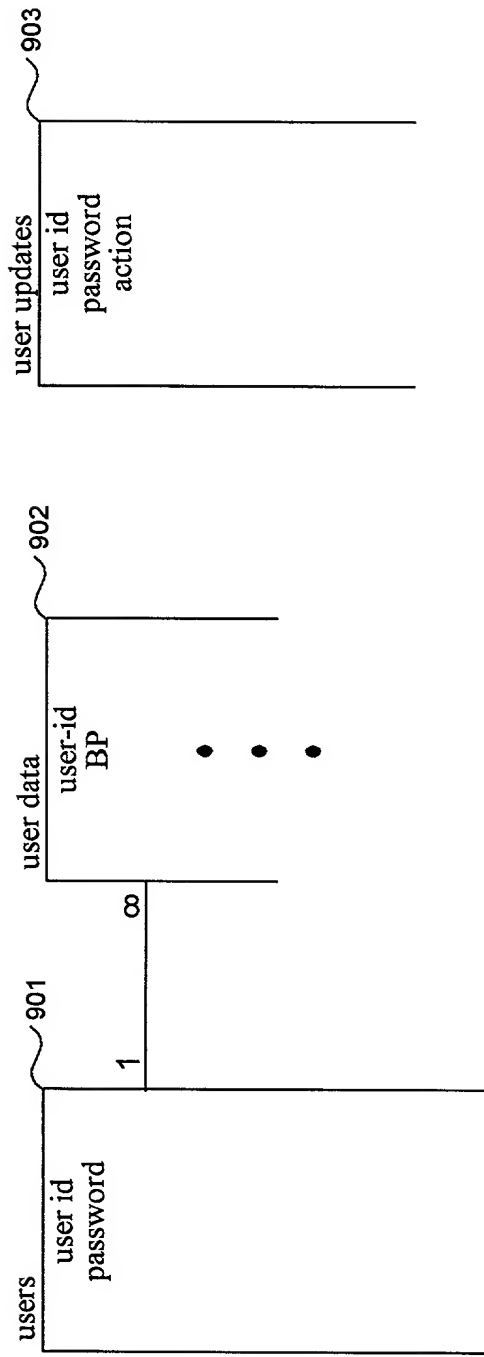
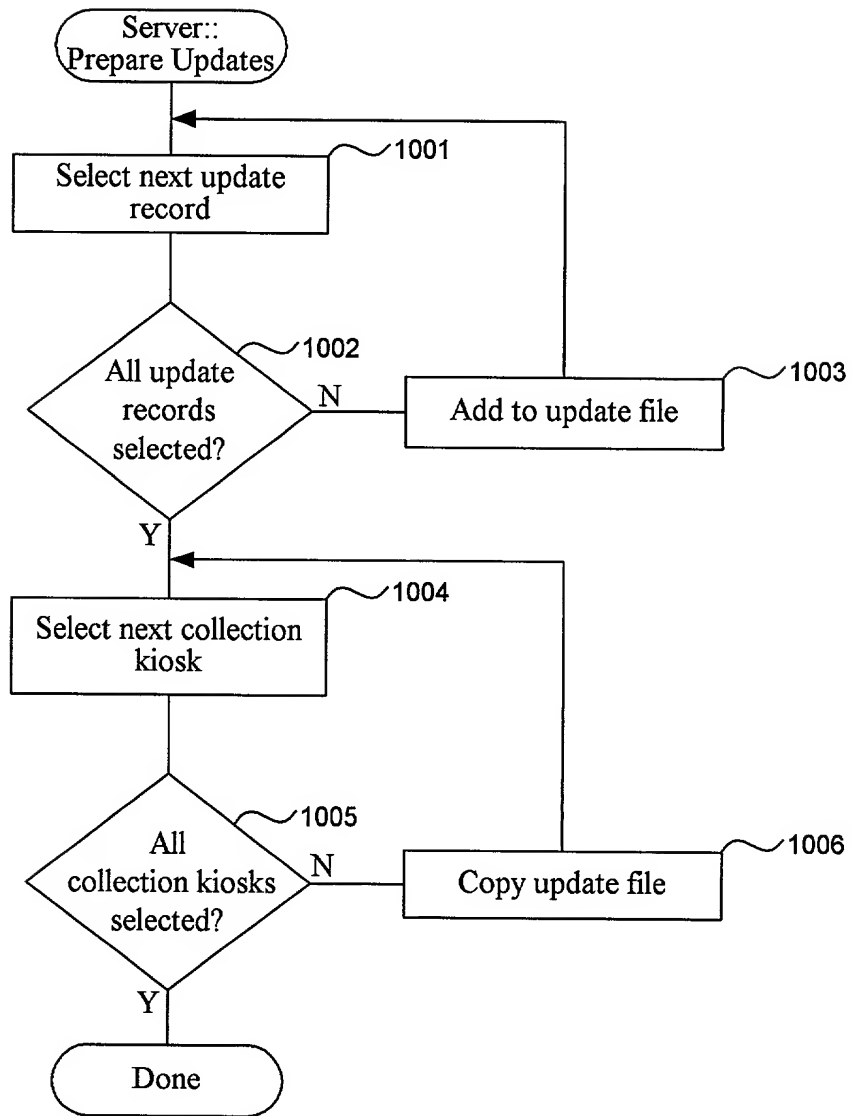


Fig. 9



**Fig. 10**

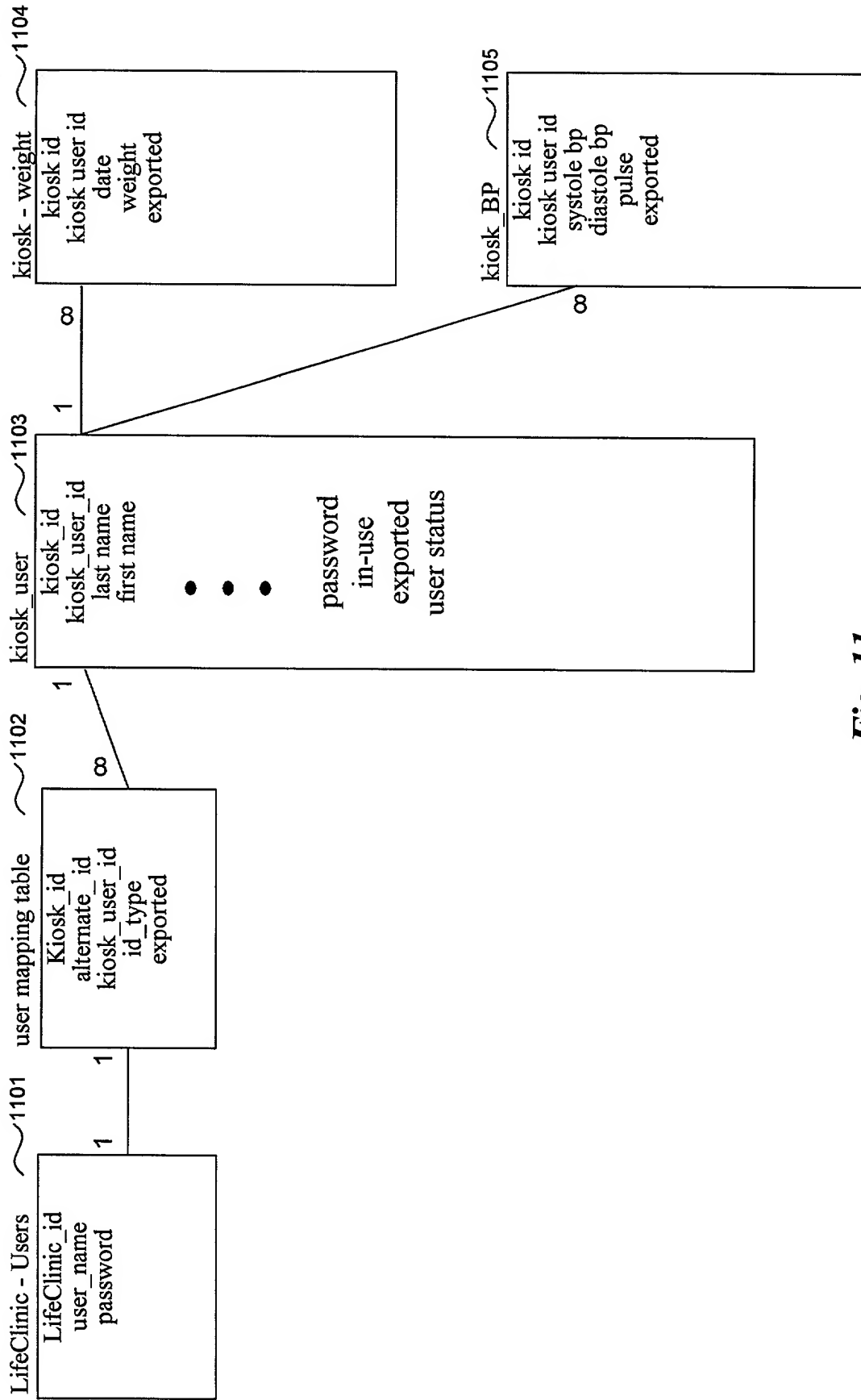
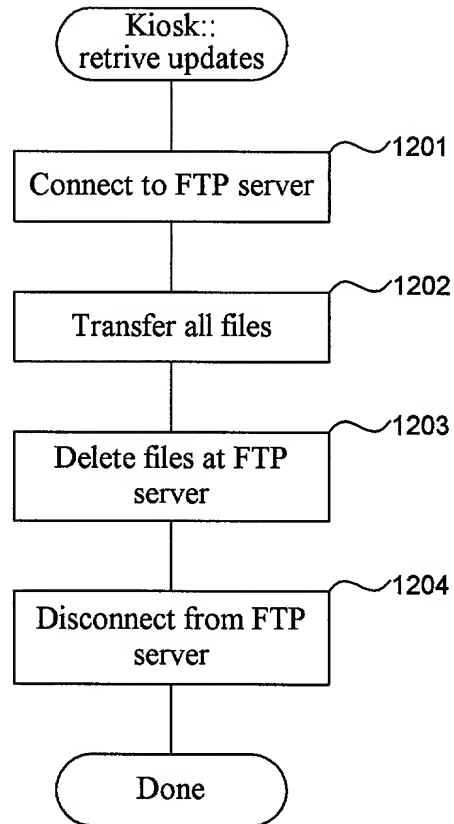
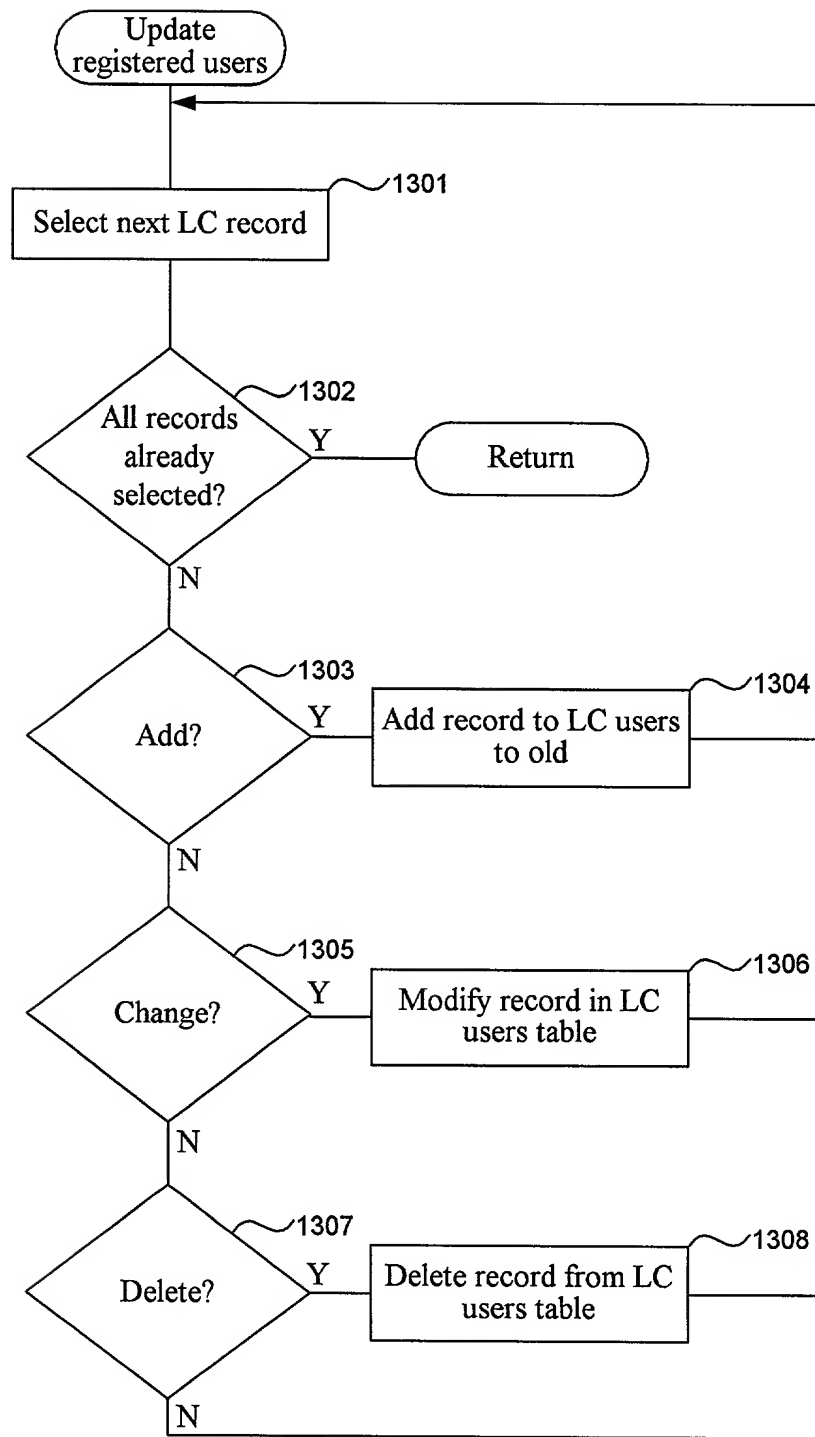


Fig. 11



**Fig. 12**





**Fig. 13**